

# TROMBONE



# LESSON TWO

## WARM-UP

It is important to continue strengthening the face muscles by warming up daily with mouthpiece exercises from the first lesson. Do them each one minute or longer.

## ASSEMBLY OF INSTRUMENT

1. Make sure the slide is properly lubricated: using a soft cloth, wipe off the old slide cream if necessary and apply a thin coat of new slide cream to the lower section of the inner slide. **Do not use the tuning slide grease.** Spray the inner slide with a mist of water. If you don't have slide cream, apply a few drops of **slide** oil to each side of the inner slide. Make sure to lock the slide.
2. While holding the slide with your right hand, place the bell section on the threaded part of the slide. Be careful not to let the bell dent the slide. Adjust the slide angle and tighten the bell lock.
3. Put the mouthpiece on with a slight twist.

## DAILY ASSIGNMENT FOR NEXT LESSON

1. Hold the instrument with your left hand only. Remember to keep the bell and slide in a "V" position. Play a note **long, loud, and steady note 10 times** in a row, using one full breath per note. Don't let the sound drop. Try it on different notes. Stand straight and hold the instrument level as long as possible.
2. With the mouthpiece on your lips, pick a target across the room. Without playing, extend and return the slide. Don't change the mouthpiece angle. Do this for a minute or longer.
3. Repeat exercise 2 while playing.
4. Without playing, practice moving the slide into the different positions. Once you're sure where the positions are, try to do this without looking.
5. Pick a position and try to play middle, high, and low notes. Try other positions.
6. Play "Mary Had a Little Lamb" or "Hot Cross Buns" using **1st, 3rd and 5th** positions only. Start in 1st position and listen carefully as you play. Try starting on middle, high, and low notes.

**THIS ASSIGNMENT SHOULD TAKE ABOUT 15 MINUTES.  
PRACTICE IT 2 OR 3 TIMES DAILY.**

Empty the water and carefully disassemble the instrument and return it to its case.