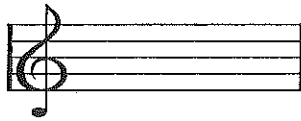


## GOALS FOR NEXT LESSON

### BECOME AN EXPERT AT:

- Good Posture  
sit up straight, away from back of chair, feet flat on floor
- Correct Embouchure  
Lower jaw forward, chin flat, enough mouthpiece in mouth, firm muscles  
Top teeth on mouthpiece (firm, but don't bite)  
Use lower lip as a cushion for the reed
- Correct Instrument Assembly and Disassembly
- Proper Breath Support  
Use full breath of air, send with "force" using stomach muscles; air should have "energy"
- Produce Big, Full Sound on "B"



### DAILY PRACTICE:

- Blow long tones on the mouthpiece/neck for 2 minutes  
Check mirror for proper embouchure
- Blow long tones on saxophone for 2 minutes  
Time yourself; try for longer tones each practice session
- Practice adding one finger at a time

Keep air moving fast through instrument even when moving fingers

<b>Assignment:</b>	With proper posture, hand position, and embouchure, play a long tone "B"
<b>Know Terms:</b>	Embouchure, Breath Support, Whole Note, Staff, Treble Clef
<b>Bring:</b>	Instrument, Pencil, Assignment Sheet, \$ for supplies

THE MORE YOU PRACTICE THINGS RIGHT, THE BETTER YOU GET AT DOING THEM RIGHT!  
THE MORE YOU PRACTICE THINGS WRONG, THE BETTER YOU GET AT DOING THEM WRONG.