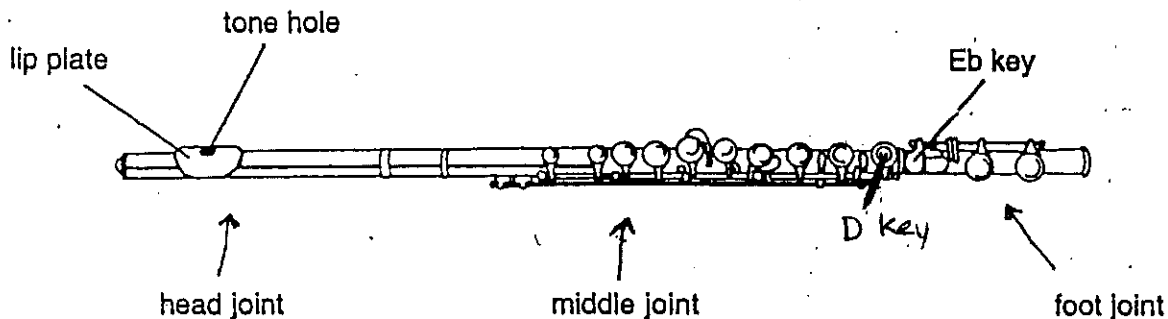




LESSON ONE

Beginning FLUTE Lessons

PARTS OF THE FLUTE



LESSON GOAL: Be able to get a good flute “tone” using proper **breath support** and **embouchure** (ahm’-boo-shure).

Breath Support is another name for the air pressure you get as you blow air through your instrument. Use your stomach muscles to push the air through your instrument, don’t just breathe through the instrument; create **wind**.

Embouchure is the position your teeth, lips and other face muscles **should** be in to play a wind instrument for the best sound.

PRACTICE TIP: as you learn to play an instrument, it is best to gain mastery over each step before proceeding to the next step, so try to practice each step several times.

STEP ONE: this step should take about 10 minutes. Record practice time on chart. Using only the head joint portion of the flute, be able to play loud, long, clear notes. Check your lip placement in a mirror. Aim your air stream into the center of the tone hole. Try to play a note for 5 to 10 seconds by forming a very small lip opening.

TEST YOURSELF:

- 1) Can you take the flute away from your lip between each long, loud, clear note, and get a good sound right away for each try?
- 2) Can you play a good loud note for 5 or more seconds?
- 3) Extra credit: play a simple song using only the head joint like a slide whistle (by sliding your right index finger inside the end of the head joint to change the pitches).

IF STEP ONE IS MASTERED, YOU WILL BE READY TO GO ON TO STEP TWO:
“Assembly and left hand position”

Bring a soft cloth for cleaning your instrument to your next lesson. It should be small enough to fit in your case without bending the keys on your instrument.