

DAILY BRASS WARM UP

1. With a good **Embouchure** using a small piece of paper

- Blow air to make paper "fly" as long as possible
- Hold it against the wall as long as you can from as far away as you can using air only
- Hold mouthpiece backwards between teeth and blow air through - make paper "fly"
- Hold mouthpiece correctly and blow air - paper still "flies"
- Still keeping teeth apart, let lips come together and buzz - paper should still "fly"

2. Buzzing (use piece of paper) - pitch should stay steady and paper should move

- Low _____
- Middle _____
- High _____

3. When you can get a steady loud buzz, try

• Sirens 

- Buzz melody to songs you know

4. Long Tones on instrument

Blow air only *through* instrument

Hold each as long as possible

5. Lip Slurs

Play "sirens" with instrument also, using any valve combination or slide position

Trombones also practice glissando (sliding from 1st - 6th position, etc.)